



How to stay fresh and alive in the workplace!





Solutions for Success

- **Ask questions:** There are no dumb questions, only dumb people who stay ignorant of industry trends, technology or economic shifts. Ask why you didn't get the promotion or raise, then brace yourself for the brutal reality. Get the facts, swallow your pride and take an honest look at yourself. Then, develop a plan for digging out of your rut.
- **Become a life-long learner:** People didn't keep using typewriters just because they still worked. They moved on to computers and other devices to communicate and process work. Think evolution, not revolution. Take courses, learn new skills. Learning happens in many ways - find them.
- **Never settle:** Even those who already work productively should keep pushing for improved performance. Enhance processes, build or strengthen relationships or design something new. Always drive forward and make progress.
- **Find some touchstones:** Who gets the attention in your company? Who gets promoted? Who gets recognition? Why? Get to know the golden people and what makes them effective. Learn from them and apply their success strategies to your work.
- **Be a mentor:** Teaching others is the best way to develop relationships and solidify learning. Pay attention to learning and teaching opportunities, give graciously and trust that what goes around comes around.
- **Learn to live with growing pains:** People who learn new things and experiment with unfamiliar processes often fail a few times. This can hurt at first, but the new skills will be worth it.
- **Evolution means adapting:** The fittest person is not the employee with the most degrees or plaques, but the person who gets the most work done with the fewest resources.